

Inquiring Little Minds

Standard Health & Wellness Policy

Parents are now required to do their own child's health and wellness checks every morning. Please note that children suffering from any illness symptoms cannot enter an ILM Child Care facility (indefinitely). Parents need to sign off that their children are well enough to attend. Parents/guardians who falsely sign their child's morning health check will have their contract terminated.

Please send a confirmation through Facebook after 6.00am, but no later than 15 minutes prior to your pick-up time, to inform staff that the child is well enough to attend. If we have not received confirmation, your child will **not** be picked up.

We also ask that parents wear masks at drop off/pick up, as it is a case where we can not maintain 2 meters social distance.

Eye infections, discharge, red/pink eyes
Unexplained rashes or any rash that is not confirmed by doctor to be non-contagious
Unexplained loss of appetite, fatigue, irritability, or headache
Ear infection
Known or suspected communicable diseases (measles, chicken pox, pink eye, hand foot and mouth, etc)*
Unexplained blood in urine or feces
Runny nose (any yellow or green discharge; thick discharge; any constant-stream of discharge; or when accompanied by sinus congestion)
Sore Throat
Sinus congestion and/or sinus headaches

If your Child has ONE of these symptoms, stay home. Child may return to child care once symptom free (without the use of medication) for 48 hours. If your child has underlying conditions such as allergies, eczema or other conditions that may cause these symptoms, please discuss with your teacher how to best document these conditions so that they are added to your child's care plan.

COVID-19 Specific Health & Wellness Policy: Symptom Set A-1 (1 symptom)

Loss of sense of smell or taste
Chills
Cough

If your Child has ONE of these symptoms, stay home. If the symptom(s) last longer than 24 hours or if symptoms worsen, complete the [COVID-19 Assessment tool](#) or see a medical practitioner.



If a COVID-19 test is recommended, child may return to child care once they are 48 hours symptom free without the use of medication AND a negative COVID-19 test confirms the child does not have COVID-19.



If a COVID-19 test is recommended but not done, child may return to child care once they are 48 hours symptom free without the use of medication AND 10 days after the first onset of symptoms



If a COVID-19 test is not recommended, child may return to child care once they are 48 hours symptom free without the use of medications.

COVID-19 Specific Health & Wellness Policy: Symptom Set A-2 (2 + symptoms)

Loss of sense of smell or taste
Chills
Cough

If your Child has Two of these symptoms, complete the [COVID-19 Assessment tool](#) or see a medical practitioner.



If a COVID-19 test is recommended, child may return to child care once they are 48 hours symptom free without the use of medication AND a negative COVID-19 test confirms the child does not have COVID-19.



If a COVID-19 test is recommended but not done, child may return to child care once they are 48 hours symptom free without the use of medication AND 10 days after the first onset of symptoms



If a COVID-19 test is not recommended, child may return to child care once they are 48 hours symptom free without the use of medication.

COVID-19 Specific Health & Wellness Policy: Symptom Set B

Vomiting
Diarrhea

If your Child has ONE of these symptoms, stay home. If the symptom(s) last longer than 48 hours or if symptoms worsen, complete the [COVID-19 Assessment tool](#) or see a medical practitioner.



If a COVID-19 test is recommended, child may return to child care once they are 48 hours symptom free without the use of medication AND a negative COVID-19 test confirms the child does not have COVID-19.



If a COVID-19 test is recommended but not done, child may return to child care once they are 48 hours symptom free without the use of medication AND 10 days after the first onset of symptoms



If a COVID-19 test is not recommended, child may return to child care once they are 48 hours symptom free without the use of medication.

COVID-19 Specific Health & Wellness Policy: Symptom Set C

Fever: Temperature of 100 F / 37.8 C or higher (orally) or 99 F / 37.2 C or higher (under the arm) or 100.4 F / 38 C or higher (forehead)

Difficulty Breathing

If your Child has ONE or more of these symptoms, complete the [COVID-19 Assessment tool](#) or see a medical practitioner.



If a COVID-19 test is recommended, child may return to child care once they are 48 hours symptom free without the use of medication AND a negative COVID-19 test confirms the child does not have COVID-19.



If a COVID-19 test is recommended but not done, child may return to child care once they are 48 hours symptom free without the use of medication AND 10 days after the first onset of symptoms



If a COVID-19 test is not recommended, child may return to child care once they are 48 hours symptom free without the use of medication.

Other COVID-19 Specific Attendance Notes

Children who have, or children with others living in the same home who have just returned from international travel	May return after self-isolating for 14 days and being symptom free
Children who have, or children with others living in the same home who have been identified as at-risk of potential Covid19 exposure	May return after self-isolating for 14 days and being symptom free. *Note, this does not apply to health care providers. In the event that the person in the home is a health care provider, this only applies in the event that the person who is a health care provider has been directed to self-isolate due to possible exposure or symptoms.